

DENTAL & NURSE PRESCRIBER FORMULARIES

This document is dated 1st February 2017

General dental practitioners may only order drugs included in this list on form GP14.

Pharmacists are under no obligation to supply any other drugs that may be ordered erroneously and can have no claim against the Health Board in respect thereof.

NB - Dentists employed in the Hospital Dental Service are not restricted by this list in their prescribing on form HBP (Scotland).

Aciclovir Cream, BP
 Aciclovir Oral Suspension, 200mg/5ml BP
 Aciclovir Tablets 200mg, 800mg BP
 Amoxicillin Capsules, BP
 Amoxicillin Oral Powder, BP
 Amoxicillin Oral Suspension, BP
 (syn: Amoxicillin Mixture, Amoxicillin Syrup)
 (includes sugar-free formulation)
 Artificial Saliva Gel, DPF
 Artificial Saliva Oral Spray, DPF
 Artificial Saliva Pastilles, DPF
 Artificial Saliva Protective Spray, DPF
 Artificial Saliva Substitutes listed below (*to be prescribed only for indications approved by ACBS)
 AS Saliva Orthana (Liquid and Lozenges)
 Bioextra
 Saliveze
 Artificial Saliva Substitute as listed below (Medical Device)
 AS Saliva Orthana Spray (Medical Device now listed in Part 3 of Scottish Drug tariff)
 Glandosane (Medical Device now listed in Part 3 of Scottish Drug tariff)
 Salivix (Medical Device now listed in Part 3 of Scottish Drug tariff)
 Aspirin Tablets, Dispersible, BP
 Aspirin Tablets, Soluble BP
 Azithromycin Capsules 250mg DPF
 Azithromycin Oral Suspension 200mg/5ml DPF
 Azithromycin Tablets 250mg, 500mg DPF
 Beclometasone pressurized Inhalation BP 50micrograms/metered inhalation CFC-free as:
 Clenil Modulite
 Betamethasone Soluble Tablets 500microgram DPF
 Benzydamine Mouth-wash, DPF
 Benzydamine Oral Spray, DPF

Carbamazepine Tablets, BP
 Cephalexin Capsules, BP
 Cephalexin Oral Suspension, BP
 Cephalexin Tablets, BP
 Cefradine Capsules, BP
 Cetirizine Tablets 10mg BP
 Cetirizine Oral Solution 5mg/5ml BP
 Chlorhexidine Gluconate Gel BP
 Chlorhexidine Mouth-wash, BP
 Chlorhexidine Oral Spray, DPF
 [*The wording from the ACBS list is that these products may be prescribed for:
Patients suffering from a dry mouth as a result of having or have undergone radiotherapy or Sicca syndrome.]

Chlorphenamine Tablets, BP
Chlorphenamine Oral Solution, BP (Includes sugar-free formulation)
Choline Salicylate Dental Gel BP
Clarithromycin Oral Suspension 125mg/5ml DPF
Clarithromycin Oral Suspension 250mg/5ml DPF
Clarithromycin Tablets BP
Clindamycin Capsules, BP
Co-amoxiclav Oral Suspension BP 125/31 (amoxicillin 125mg as trihydrate, clavulanic acid 31.25mg as potassium salt)/5ml (Includes sugar-free formulation)
Co-amoxiclav Oral Suspension BP 250/62 (amoxicillin 250mg as trihydrate, clavulanic acid 62.5mg as potassium salt)/5ml (Includes sugar-free formulation)
Co-amoxiclav Tablets BP 250/125 (amoxicillin 250mg as trihydrate, clavulanic acid 125mg as potassium salt)

Diazepam Oral Solution, BP 2mg/5ml
(Syn Diazepam Elixir)
Diazepam Tablets, BP
Diclofenac Sodium Tablets Gastro-Resistant BP
Dihydrocodeine Tablets 30mg, BP
Doxycycline Capsules 100mg BP
Doxycycline Tablets 20mg DPF
Doxycycline Tablets Dispersible BP

Ephedrine Nasal Drops, BP
Erythromycin Ethyl Succinate Oral Suspension, BP
Erythromycin Ethyl Succinate Oral Suspension Paediatric, BP
Erythromycin Ethyl Succinate Tablets, BP
Erythromycin Stearate Tablets, BP
Erythromycin Tablets Gastro-Resistant BP

Fluconazole 50mg capsules, DPF
Fluconazole Oral Suspension 50mg/5ml, DPF

Hydrocortisone Cream 1%, BP
Hydrocortisone Oromucosal Tablets, BP
Hydrocortisone and Miconazole Cream BP
Hydrocortisone and Miconazole Ointment BP
Hydrogen Peroxide Mouth-wash BP 6%

Ibuprofen Oral Suspension BP, Sugar Free
Ibuprofen Tablets, BP

Lansoprazole Gastro-Resistant Caps BP
Lidocaine Ointment BP 5%
Lidocaine Spray 10% DPF
Loratadine Tablets 10mg BP
Loratadine Syrup 5mg/5ml DPF

Menthol and Eucalyptus Inhalation, BP 1980
Metronidazole Oral Suspension, BP
Metronidazole Tablets, BP
Miconazole Cream BP
Miconazole Oromucosal Gel, BP
Mouth-wash Solution-tablets, BP

Nystatin Mixture, BP (includes sugar-free formulation)

Omeprazole Gastro-resistant Capsules BP

Oxytetracycline Tablets, BP

*Paracetamol Oral Suspension, BP (includes Sugar-Free formulation)

Paracetamol Tablets, BP

Paracetamol Tablets, Soluble, BP

Penciclovir Cream, DPF

Phenoxymethylpenicillin Oral Solution, BP (includes sugar-free formulation)

Phenoxymethylpenicillin Tablets BP

(Syn: Penicillin VK Tablets BP)

Promethazine Oral Solution, BP

Promethazine Hydrochloride Tablets

Sodium Chloride Mouth-wash, Compound BP

Sodium Fluoride Mouth-wash BP

Sodium Fluoride Oral Drops DPF

Sodium Fluoride Tablets DPF

Sodium Fluoride Toothpaste 0.619% DPF

Sodium Fluoride Toothpaste 1.1% DPF

Sodium Fusidate Ointment, BP

SST Saliva Stimulating Tablets

Temazepam Oral Solution, BP

Temazepam Tablets DPF

Tetracycline Tablets, BP

* **This title covers strengths of 120mg/5ml and 250mg/5ml: it is therefore necessary to specify the strength required.**

List of preparations as determined by the Scottish Ministers, which may be prescribed by Community Nurses & Health Visitors on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Only the Drugs, Dressings & Appliances in this list may be ordered by Nurses on Health Board Nurse Prescribers lists on forms GP10 (N).

Pharmacists are under no obligation to supply any other drugs, dressings or appliances that may be prescribed erroneously and can have no claim against the Health Board in respect thereof.

Medicinal Preparations

Almond Oil Ear Drops NPF
 Arachis Oil Enema NPF
 ■ Aspirin Tablets Dispersible 300mg BP

Bisacodyl Suppositories BP
 Bisacodyl Tablets BP

Catheter Maintenance Solution Sodium Chloride NPF
 Catheter Maintenance Solution `Solution G' NPF
 Catheter Maintenance Solution `Solution R' NPF
 Chlorhexidine Gluconate Alcoholic Solutions containing at least 0.05%
 Chlorhexidine Gluconate Aqueous Solutions containing at least 0.05%
 Choline Salicylate Dental Gel DPF
 Clotrimazole Cream 1% BP
 Co-danthramer Capsules NPF
 Co-danthramer Capsules Strong NPF
 Co-danthramer Oral Suspension NPF
 Co-danthramer Oral Suspension Strong NPF
 Co-danthrusate Capsules BP
 (syn : Danthron & Docusate Sodium Capsules)
 Co-danthrusate Oral Suspension NPF
 Crothamiton Cream BP
 Crothamiton Lotion BP

Dimeticone Barrier Cream (min. 10%)
 Dimeticone Lotion 4%
 Dimeticone Lotion Spray 4%
 Docusate Capsules 100mg NPF
 Docusate Enema NPF
 Docusate Oral Solution NPF
 Docusate Oral Solution Paediatric NPF

Econazole Cream 1% BP
 ■ Only quantities up to 96 in packs of not more than 32

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Emollients as listed:	<p>Aquadrate Cream 10% Aqueous Cream BP Arachis Oil BP Balneum Plus Cream Cetraben Dermamist Diprobase Cream Diprobase Ointment Doublebase Doublebase Dayleve Gel E45 Cream E45 Itch Relief Cream Eucerin Intensive Cream 10% Eucerin Intensive Lotion 10% Emulsifying Ointment BP Hydromol Cream Hydromol Intensive Cream Hydrous Ointment BP Lipobase Liquid & White Soft Paraffin NPF Neutrogena Norwegian Formula Dermatological Cream Nutraplus Cream Oilatum Cream Oilatum Junior Cream Paraffin, White Soft BP Paraffin, Yellow Soft BP Ultrabase ◆Ungentum Merck (re-named as Ungentum M)</p>
Emollient Bath and Shower Preparations as listed:	<p>Alpha Keri Bath Oil ◆Balneum Balneum Plus Bath Oil Cetraben Dermalo Bath Emollient Doublebase Emollient Shower Gel Doublebase Emollient Bath Additive Doublebase Emollient Wash Gel Hydromol Bath and Shower Emollient Oilatum Emollient Oilatum Junior Bath Additive Oilatum Gel Zerolatum Emollient Medicinal Bath Oil</p>

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- Folic Acid 400microgram Tablets
 Folic Acid 400microgram/5ml Oral Suspension
 Glycerol Suppositories BP (Syn : Glycerin Suppositories)
 ♣Ibuprofen Oral Suspension BP
 ♣Ibuprofen Tablets BP NPF
 [♣Except for indications and doses that are POM.]
 Ispaghula Husk Granules NPF
 Ispaghula Husk Granules Effervescent
 Lactulose Solution
 Lidocaine Ointment BP
 Lidocaine & Chlorhexidine Gel BP
 Macrogol Oral Liquid Compound NPF
 Macrogol Oral Powder Compound NPF
 Macrogol Oral Powder Compound Half-Strength NPF (Movicol-Half)
 Magnesium Hydroxide Mixture BP
 (Syn: Magnesium Hydroxide Oral Suspension, Cream of Magnesia)
 Magnesium Sulphate Paste BP (Syn : Morison's Paste)
 Malathion Aqueous Lotion (min. 0.5%)
 Mebendazole Oral Suspension S/F NPF
 Mebendazole Tablets NPF
 Methylcellulose Tablets BP
 Miconazole Cream 2%
 Miconazole Oral Gel NPF (DPF) – (15g & 80g Tubes)
 Mouthwash Solution Tablets
 Nicotine Inhalation Cartridge for Oromucosal Use, NPF
 Nicotine Lozenge, NPF
 Nicotine Medicated Chewing Gum, NPF
 Nicotine Nasal Spray, NPF
 Nicotine Oral Spray, NPF
 Nicotine Sublingual Tablets NPF
 Nicotine Transdermal Patches, NPF
Prescriber should specify the brand & strength to be dispensed
- Releasing Nicotine over 16 hours
 - Boots NicAssist Patches
 - Nicorette Invisi Patches
 - Nicorette Patches
 - Releasing Nicotine over 24 hours
 - NIQuitin patches
 - Nicotinell TTS Patches
 - Nicopatch Patches
- Nystatin Oral Suspension BP
 (Syns : Nystatin Mixture, Nystatin Oral Drops, Nystatin Suspension)
 Olive Oil Ear Drops NPF
 * Paracetamol Oral Suspension BP (Includes Sugar Free Formulation)
 * **This title covers strengths of 120mg/5ml and 250mg/5ml: it is therefore necessary to specify the strength required.**
- Paracetamol Tablets BP
 - Paracetamol Tablets Soluble BP
 - Paraffin, White Soft BP
 - Paraffin, Yellow Soft BP
 - Permethrin Cream NPF
 - Phosphates Enema BP
 - Povidone-Iodine Solution BP

List of preparations as determined by the Scottish Ministers, which may be prescribed by Community Nurses & Health Visitors on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Senna Oral Solution NPF

- Only quantities up to 96 in packs of not more than 32
- ◆ Except packs that are not to be prescribed under the NHS (Schedule 10)

Senna Tablets BP

Senna & Ispaghula Granules NPF

Sodium Bicarbonate Ear Drops BP

Sodium Chloride Solution Sterile BP

Sodium Citrate Compound Enema NPF

Sodium Picosulphate Capsules NPF

Sodium Picosulphate Elixir NPF

Spermicidal Contraceptives as listed below:

Gygel Contraceptive Jelly

Sterculia Granules NPF

Sterculia & Frangula Granules NPF

Titanium Ointment NPF

Water for Injection BP

Zinc & Caster Oil Ointment BP

(Syn: Zinc & Caster Oil Cream)

Zinc Oxide & Dimeticone Spray NPF

Zinc Oxide Impregnated Medicated Bandage NPF

Zinc Oxide Impregnated Medicated Stocking NPF

Zinc Paste Bandage BP1993

Zinc Paste & Icthammol Bandage BP1993

DRESSINGS & APPLIANCES

All appliances and reagents included in this list must comply with the description, specifications, sizes, packs and quantities as specified in the entry in relevant Part of the Drug Tariff.

Items that are not included in the Nurse Prescriber Formulary are marked as 'Nx' in the extreme left margin. These items will not be paid on form GP10 (N).

Dressings

as listed in Part 2

Except where marked as 'Nx'

Appliances

as listed in Part 3

Except where marked as 'Nx'

Elastic Hosiery

As listed in Part 4

Incontinence Appliances

as listed in Part 5

(Incontinence pads are not allowed on GP10 (N))

Stoma Appliances and Associated Products

as listed in Stoma Appliances – Reimbursement Prices

Chemical Reagents

as listed in Part 9, except for

Item only allowed on stock order form GP10A

List of preparations as determined by the Scottish Ministers, which may be prescribed by Extended Nurse Formulary Prescribers on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

NURSE INDEPENDENT PRESCRIBING

From 30th April 2006, the Nurse Prescriber Extended Formulary is discontinued. From 1st May 2006, Nurse Independent Prescribers are able to prescribe any licensed medicine for any medical condition. The former restrictions on Controlled Drugs in Schedules 2 to 5 have been listed from 23rd April 2012, subject to the following summary.

Nurse Independent Prescribers:

- Must work within their own level of professional competence and expertise
- Are required to prescribe generically, except where this would not be clinically appropriate or where there is no approved generic name

The update to the legislation from 23rd April 2012:

- Enable independent nurse and pharmacist prescribers to prescribe, administer and give direction for the administration of Schedule 2 to 5 controlled drugs in England, Scotland and Wales, but not in relation to cocaine, diamorphine or dipipanone as regards persons addicted to these drugs otherwise than for the purpose of treating organic disease or injury suffered by such persons
- Allow nurse and pharmacist independent prescribers to mix a controlled drug with another medicine; and
- Enable nurses and pharmacists to supply and/or administer morphine and diamorphine under Patient Group Directions, for the immediate and necessary treatment of sick or injured persons.

Please also see the guidance on the following page.

List of preparations as determined by the Scottish Ministers, which may be prescribed by Extended Nurse Formulary Prescribers on form GP10 (N) for NHS patients under the National Health Service (Scotland) Act 1978.

Nurse Independent Prescribers:

- Can prescribe licensed medicines independently for uses outside their licensed indications (so-called 'off license' or 'off label'). They must accept clinical/legal responsibility for that prescribing, and should only prescribe off-license/off-label where it is accepted clinical practice.
- May prescribe any appliances/dressings & reagents that are listed in Parts 2 to 6 and 9 of this tariff, subject to any limitations imposed by prescription form type
- Must not prescribe any drugs or other substances listed in Schedule 1 of the GMS regulations 2004 at NHS expense
- May prescribe drugs listed in Part 12 of this tariff (Schedule 2 of the GMS regulations 2004), but only in the specified circumstances for the specific patient groups as listed in the schedule
- Must not prescribe unlicensed medicines
- May prescribe borderline substances, which have been approved by the Advisory Committee on Borderline Substances (ACBS). A list of ACBS approved products and the circumstances under which they may be prescribed, can be found as Appendix 7 of the British National Formulary (BNF). Although this is a non-mandatory list, Nurse Independent prescribers should normally restrict their prescribing of borderline substances to items on the ACBS list.